## Great Couple Conversations \# 3

Roll 2 dice twice to locate a table cell. First roll is vertical and second roll is horizontal. 12 = you choose a number. Or use a deck of cards where you ignore face cards and the ace is 11 . Take turns clockwise. If that cell item has already been dialogued, use one from any cell touching the cell of the numbers. Then, answer the question. When a person answers, the other asks curious questions to get to know the partner better, but never to criticize. The process repeats with the other person answering the same question and being asked questions in a curious manner. For the very best results, read the free article "Successful Couple Dialogue" at www.ChurchesReachOut.com.


|  | $2 \& 3$ | $4 \& 5$ | 6 \& 7 | $8 \& 9$ | 10 \& 11 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $2 \& 3$ | Morning is the perfect time to | What trips would we like to take? | Do you have a favorite baseball team? | How do you like to work around the house? | Afternoon is the perfect time to | $2 \& 3$ |
| $4 \& 5$ | Who is your best friend? | To you, what is a perfect vacation? | What job would you rather die than do? | What is the most enjoyable job you ever got paid for? | What are the weather disasters you have faced? | $4 \& 5$ |
| 6 \& 7 | What do you like best about/at your job? | What is something you built that you were proud of? | What kind of health exercise do you prefer? | Do you have a favorite football team? | Have you ever been the loser in office politics? | $6 \& 7$ |
| $8 \& 9$ | Do you have a favorite basketball team? | What movie have you seen the most times? Why? | How do you like to work on your job? | What kind of a party would you like to throw or go to? | How do you like to waste time? Why that way? | $8 \& 9$ |
| 10 \& 11 | Nighttime is the perfect time to . . . | Do you have a favorite ice hockey team? | How do you like to spend your time on weekends? | How often should the house be picked up? | Evening is the perfect time to ... | 10 \& 11 |


|  | 283 | $4 \& 5$ | 6 \& 7 | $8 \& 9$ | 10 \& 11 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $2 \& 3$ | What project would you like to finish next? | What do you really think of children? | Do you have a favorite college sports team? | What needs to be done to keep cars working well? | What is the ideal age to be? | $2 \& 3$ |
| $4 \& 5$ | What are all your thoughts about vacations? | What do you like to read when on the toilet? | If you could safely risk your life, what would you do? | What do you really think of doing chores? | What do you think about holidays (not vacations)? | $4 \& 5$ |
| 6 \& 7 | What kind of gas mileage would you like to get? | What did you not like about growing up? | What do you do when you can't sleep at night? | If you had too much money, what foolish stuff would you buy? | Do you have a favorite sportscaster? | 6 \& 7 |
| $8 \& 9$ | Do you have unique identifiable marks on your body? | Name a get-rich-quick scheme you avoided. | Is it good to be in business for yourself? | Have you faced any serious danger? | What do you really think about landscaping? | $8 \& 9$ |
| 10 \& 11 | Would you like more power, prosperity or purpose? | What is your favorite individual (non-team) sport to watch? | What did you not like about school? | What leftovers do you like to eat? | What do you really think of working for a living? | 10 \& 11 |

Your Church Name $\mathcal{E}$ Other Information Goes Here

Information of your choosing goes here.
(example)

## River Bend Community Church

1289 East Willow Road River Bend, California
www.rbcxchurch.org
(876) 987-XXXX

If you order a license, this space is blank so that you can insert whatever your church wants in this space.

This space can also be used as advertising for someone who wants to pay the expense of this outreach effort.

* The designers, publishers, organizations and persons who gave you this tool * cannot be responsible for any specific outcome. Use good judgment. If conflict arises, stop immediately and seek the expert help of a professional counselor or psychotherapist. A healthy relationship is extremely important.


## WHAT IS DIALOGUE?

There is probably no finer communication skill than dialogue. Therefore, if you do it, you will build a better and better relationship through understanding and caring.
dIALOGUE IS MERELY ASKING QUESTIONS OF EACH OTHER OUT OF CURIOSITY IN ORDER TO BETTER KNOW AND UNDERSTAND ONE ANOTHER

Dialogue usually means just asking the questions "Why?" and "What do you mean?" over and over again. When you ask a person a "why" question, it usually opens up a bit of new information about him or her. Another "why" question yields a little more. When a "why" question seems hard to think of, then any simple, friendly, non-judgmental question motivated by curiosity is fine.
Such dialogue helps you find out what others really think and feel. It also helps others find out what you really think and feel.
Understanding and accepting other people - deeper and deeper through dialogue - knowing how others think and feel, as well as what they really mean by what they say, creates much better relationships.

## GUIDELINES FOR DIALOGUE

For good dialogue, it is important to follow these ground rules:

1. Answer what is true for you. The other person will try to remember what you said so that he or she can better understand you and treat you better.
2. Listen in order to understand the person talking, not to change him or her.
3. No arguing, criticizing or objecting. People hate to be criticized over things they say. They know what they think and feel, and they consider it absurd and insensitive if others think they know these things better.
4. Ask lots of questions (usually "Why?" or "What do you mean?") to clarify what is being communicated. Other clarifying questions can be: "What?" "What for?" "How?" "When?" "How come?" "Where?" "In what way?" "Can you explain?" "Please tell me more."
5. Refrain from giving advice or breaking in with your own contribution.
6. Let people be themselves, even if they give an answer that you do not agree with or like. Instead of objecting or offering criticism, ask the other persons "Why" questions. This will help you clarify what they are saying, what they think and feel about things, and who they are. People will appreciate your efforts to understand them.
7. Avoid conflict. There are no right or wrong answers. There is just what a person says. He or she will appreciate you for asking about and learning from his or her own words.
8. Solve problems only after much dialogue has produced deeper understanding. Dialogue may expose some differences that might have to be solved. Make a note of those you think might need later discussion and problem-solving. During dialogue, do not bring up problems.
