

Great Couple Conversations # 6

(a bit more oriented toward her)

Roll 2 dice twice to locate a table cell. First roll is vertical and second roll is horizontal. 12 = you choose a number. Or use a deck of cards where you ignore face cards and the ace is 11. Take turns clockwise. If that cell item has already been dialogued, use one from any cell touching the cell of the numbers. Then, answer the question. When a person answers, the other asks curious questions to get to know the partner better, but never to criticize. The process repeats with the other person answering the same question and being asked questions in a curious manner. For the very best results, read the free article "Successful Couple Dialogue" at www.ChurchesReachOut.com.

*The designers, publishers, organizations and persons who gave you this tool cannot be responsible for any specific outcome. Use good judgment. If conflict arises, stop immediately and seek the expert help of a professional counselor or psychotherapist.

	2 & 3	4 & 5	6 & 7	8 & 9	10 & 11	
2 & 3	What is your favorite romantic activity and why?	What frightens you most about our relationship?	What do you daydream about?	What do you think about buying and wearing used clothing?	What excites you most about our relationship?	2 & 3
4 & 5	What do you keep promising to yourself repeatedly?	What is one of the worst places you have ever lived?	Mention three good things about shopping.	What are a few personal habits you struggle with?	Did you have a favorite teacher? Tell about her or him.	4 & 5
6 & 7	Tell about strange phone calls you have received.	What is your favorite romantic environment?	What impact have credit cards had on your life?	What in our past would you do over differently?	Mention three good things about things that are hard.	6 & 7
8 & 9	Mention three good things about me.	How would a weight change alter your life?	What smell brings back a pleasant memory?	What do you like to do on a picnic?	What types of weather make you really uncomfortable.	8 & 9
10 & 11	Tell about a time you were really, really scared.	What are some unwanted gifts you have received?	What is your favorite kind of music?	What is a surprise you had that you really enjoyed?	What are we paying needlessly for each month?	10 & 11

	2 & 3	4 & 5	6 & 7	8 & 9	10 & 11	
2 & 3	What health fads have you tried?	When I cry, I want you to . . .	How do you feel about growing older?	How long would you like to spend sleeping each night?	What is your favorite time of year?	2 & 3
4 & 5	In your mind, where do you go for peace?	What are three of your most favorite ten books?	What change would you like to make in (y)our home?	What would you like to forever remove from your life?	Mention three good things about criticism.	4 & 5
6 & 7	What have you given up to make your life more free?	Mention three good things about disagreement.	What do you like about your best friends?	What change in values do you wish I would make?	How would you like to grow old?	6 & 7
8 & 9	If you could live anywhere, where would that be? Why?	How do you want to be seen by others?	What would you like to forget?	What are inappropriate things you have seen done?	When have you been jealous?	8 & 9
10 & 11	What makes home a "home" for you?	What is your favorite home appliance?	What do you think of storing up food?	What should be written on your tombstone?	What is your favorite piece of furniture?	10 & 11

Your Church Name & Other Information Goes Here

Information of your choosing goes here.

(example)

River Bend Community Church

1289 East Willow Road
River Bend, California

www.rbcxchurch.org

(876) 987-XXXX

If you order a license,
this space is blank
so that you can insert
whatever your church wants
in this space.

This space can also be used as
advertising for someone who
wants to pay the expense of this
outreach effort.

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WHAT IS DIALOGUE?

There is probably no finer communication skill than dialogue. Therefore, if you do it, you will build a better and better relationship through understanding and caring.

DIALOGUE IS MERELY ASKING QUESTIONS OF EACH OTHER OUT OF CURIOSITY IN ORDER TO BETTER KNOW AND UNDERSTAND ONE ANOTHER

Dialogue usually means just asking the questions "Why?" and "What do you mean?" over and over again. When you ask a person a "why" question, it usually opens up a bit of new information about him or her. Another "why" question yields a little more. When a "why" question seems hard to think of, then any simple, friendly, non-judgmental question motivated by curiosity is fine.

Such dialogue helps you find out what others really think and feel. It also helps others find out what you really think and feel.

Understanding and accepting other people – deeper and deeper through dialogue – knowing how others think and feel, as well as what they really mean by what they say, creates much better relationships.

GUIDELINES FOR DIALOGUE

For good dialogue, it is important to follow these ground rules:

1. Answer what is true for you. The other person will try to remember what you said so that she or he can better understand you and treat you better.
2. Listen in order to understand the person talking, not to change him or her.
3. No arguing, criticizing or objecting. People hate to be criticized over things they say. They know what they think and feel, and they consider it absurd and insensitive if others think they know these things better.
4. Ask lots of questions (usually "Why?" or "What do you mean?") to clarify what is being communicated. Other clarifying questions can be: "What?" "What for?" "How?" "When?" "How come?" "Where?" "In what way?" "Can you explain?" "Please tell me more."
5. Refrain from giving advice or breaking in with your own contribution.
6. Let people be themselves, even if they give an answer that you do not agree with or like. Instead of objecting or offering criticism, ask the other persons "Why" questions. This will help you clarify what they are saying, what they think and feel about things, and who they are. People will appreciate your efforts to understand them.
7. Avoid conflict. There are no right or wrong answers. There is just what a person says. He or she will appreciate you for asking about and learning from his or her own words.
8. Solve problems only after much dialogue has produced deeper understanding. Dialogue may expose some differences that might have to be solved. Make a note of those you think might need later discussion and problem-solving. During dialogue, do not bring up problems.